



2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DayBreak - An Adult Day Program 404 N. State Highway 67 Woodland Park, CO 80863 (719) 687-3000 www.daybreakadp.com		1	Anniversary of Peanuts 2	3	4	5
		9:00 Wranglin' Wesson Trivia and News What's in the Bag? DayBreak Ringers Golden Moments Caregiver Support Group	Chair Chi Java Music Club 1:00 Haircuts w/ Bo 2:00 Lovin' on Lincoln Peanuts Trivia Bowling	News of the Day Chair Exercises Parachute Play 1:30 Gateway Visit Pattern Tiles Enjoy the Porch	Coffee Clatch & News 10:30 Banjo w/ Ralph 1:30 Yogurt Treats & Leaves 3:00 M&M Visit Animal Art	AM - Snack Noon - Lunch PM - Snack
6	World Smile Day 7	Universal Music Day 8	John Lennon's Bday 9	10	11	12
	Wake Up & Move Yahtzee 11:00 Tunes & Teens 12:30 Van Ride - Aspen Watching Ring Toss Word Games	Newsworthy Morning Stretches 10:00 The Rohmans BINGO Memories in the Making Java Music Club	Chair Chi Java Music Club Beetle Mania Balloon Bop 2:00 Michael & Lincoln Pause & Pamper	Current Events Movin' & Groovin' Scattegories Ping Pong Ball Toss 1:30 Gateway Visit Reading Hour	In the News Sit & Be Fit 10:30 Banjo Jamboree 1:30 Llamas & Yoga 3:00 Maggie's Hour Coloring Craze	
13	14	I Love Lucy Premiere 15	Dictionary Day 16	Mulligan Day 17	18	19
	Newsflash Movin' & Groovin' 11:00 Tickling the Ivories w/ Beth Jeopardy Beach Ball Toss	Morning Cup O' Java Chair Aerobics Balloon Bop 1:30 Educational Topics @ The Aspen I Love Lucy Videos	Chair Chi DayBreak Ringers Dictionary Game 2:00 Tricks w/ Lincoln DayBreak Derby Backyard Fun	Newsflash Fitness Fun 11:30 Jennie from the Block 1:30 Gateway Visit Do-over Discussion	What's New? Morning Stretches 10:30 Strummin' w/ Ralph 1:30 Llamas & Yoga 2:00 M&M Visit Pictionary	
20	21	22	23	24	Picasso's Bday 25	26
	What's in the News? Pictionary 11:00 Tunes & Teens Prep for Dog Costume Contest Sing-along BINGO	Noteworthy Jazzercise 10:00 The Rohmans Crossword Puzzles Memories in the Making Charades	Chair Chi DayBreak Ringers Name That Tune 2:00 Lovin' on Lincoln Alphabet Bean Bags Game O' Golf	9:00 Haircuts w/ Bo Take Tea and See Chair Aerobics 1:30 Gateway Visit Beach Ball Banter Movie & Popcorn	Morning News Wake Up & Move 10:30 Banjo w/ Ralph Arts & Crafts 2:00 Maggie's Hour Art Appreciation	
27	STAFF MEETING 28	Natl Cat Day 29	30	Joni's Bday 31		
All activities are subject to change with little or no notice	Good News Sit & Be Fit 11:00 Tunes & Teens Baking Dog Treats Yahtzee! Pause & Pamper	9:00 Nicole & Wesson 9:00 Footcare w/ Susan Sittercise Cat Tales DayBreak Ringers Golden Moments	Chair Chi Java Music Club Table Topics 2:00 Michael & Lincoln Card Shark Bulletin Board Craft	Halloween Breaking News Music & Movement 2:00 "Howl"oween Dog Costume Contest Apple Bobbing		