



2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DayBreak- An Adult Day Program 404 N. Highway 67 Woodland Park, CO 80863 (719) 687-3000				1	2	3
				Breaking News Morning Movement Pattern Tiles 1:00 Haircuts w/Bo 2:30 Merry Melodies Happy Messages	Extra, Extra Read All About It 9:30 Cathy & Brandi 10:30 Banjo Jamboree 1:00 Swimming @ WAC Finish the Phrase Relaxation	AM - Snack Noon - Lunch PM - Snack
4	5	Wiggle Your Toes Day 6	7	Nat'l Zucchini Day 8	Smokey the Bear's B'day 9	10
	News Flash Exercises Morning Manicures Drive Around Town Barbara & Meadow Yahtzee!	Movin' & Groovin" 9:30 Pro Rodeo Hall of Fame and Mason Jar for Lunch Rohman Visit Scrabble With a Twist Merry Melodies 4:30 Support Group @ Library	Chair Chi w/ Amanda DayBreak Ringers 10:30 Ted & His Guitar Alphabet Bean Bags 2:00 Lovin' on Lincoln Pause & Pamper	Trivia & News Sittercise Beach Ball Banter Pictionary Java Music Club White Board Bonanza	News of the Day 9:30 Cathy & Brandi 10:30 Banjo w/ Ralph Yard Games 2:00 M&M Visit Movie & Popcorn	
11	Vinyl Records Day 12	Int'l Lefthander's Day 13	14	15	Nat'l Tell a Joke Day 16	17
	Trivia & News Morning Stretches Cup of Java Play Vinyl Records Sing-a-long Barbara & Meadow	9:00 Wranglin' Wesson Elvis Songs/Crosswords Lefthander's Trivia 2:30 Memories in the Making Dice Game	Chair Chi w/ Amanda Java Music Club 10:00 Strummin' Along 12:00 Grease at the Butte in Cripple Creek DayBreak Derby	Newsworthy Sit and Be Fit 10:00 Mellissa & the 3 E's 12:00 Jennie from the Block 2:30 DayBreak Ringers White Board Bonanza	Morning Cup O' Joe 9:30 Cathy & Brandi 10:30 Banjo Jams 2:00 Tricks w/ Maggie Comedy Hour Enjoy the Porch	
18	19	Birthday of Lemonade 20	21	Nat'l Tooth Fairy Day 22	23	24
	What's Happening? Sit and Be Fit Morning Manicures 10:00 Llama Farm Outing Crafters Corner Barbara & Meadow	9:00 Tricks w/ Wesson History of Lemonade – Lemonade Tasting 11:00 Rohman Visit Backyard Games & BBQ 1:30 Java Music @ LQH	Chair Chi w/ Amanda DayBreak Ringers 10:30 Ted & His Guitar 1:00 Artist's Tea @ McKenzie Place Poetry Reading	Read the Paper Fitness Fun 10:00 Sack Lunch Serenade in CS 2:30 Merry Melodies @ The Aspen of WP	Current Events 9:30 Cathy & Brandi 10:30 Strummin' w/ Ralph 2:00 Marsha & Maggie Bulletin Board Craft Card Games	
25	Nat'l Dog Day 26	27	Vickie's Birthday 28	29	30	31
All activities are subject to change with little or no notice	Cup of Java Chair Aerobics Silly Dog Jokes and Videos Barbara & Meadow 2:30 Artwalk @ Park State Bank	Take Tea & See 10:00 Haircuts w/ Bo 11:00 Vickie's Birthday Luncheon/Fargo's Java Music Club Wildlife Bingo	Chair Chi w/ Amanda DayBreak Ringers 10:30 Ted's Tunes 12:30 Ticklin' the Ivories 2:00 Lovin' on Lincoln Penny Ante	News Flash 9:00 Footcare w/ Susan Toast Marshmallows 2:30 Memories in the Making White Board Bonanza	Tea Time 9:30 Cathy & Brandi 10:30 Banjo Jamboree School Days Trivia 2:00 M&M Visit Poi Card Game	