





2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	UFO Day 1	2	3	4	5	6
	Newsflash Chair Exercises Yahtzee! 2:00 Meadow & Barbara DayBreak Derby Relaxation	Morning News Movin' & Groovin' 9:30 Wranglin' Wesson Pause and Pamper 2:30 Java Music Club Golden Moments	Chair Chi DayBreak Ringers 10:30 Ted and Aspen Picnic in the Backyard 2:00 Lincoln Visits History of the 4th	CLOSED 	CLOSED 	AM - Snack Noon - Lunch PM - Snack
7	8	9	10	Sturpee Day 11	12	13
	Morning News Wake Up & Stretch Backyard Activities Penny Ante Finish the Phrase Afternoon Manicures	Read the Paper Sit & Be Fit 10:00 Rohman Family 2:30 Memories in the Making Music Bingo	Chair Chi DayBreak Ringers 10:30 Ted's Golden Oldies Ping Pong Ball Toss 2:00 Lovin' on Lincoln Jeopardy	Morning Cup O' Java Chair Yoga Animal Bingo Beach Ball Toss 2:30 LQH Java Music Club Golden Moments	Current Events 9:30 Cathy & Brandi 10:30 Strummin' w/ Ralph 11:30 Farmer's Market & Picnic 2:00 Marsha & Maggie	
14	15	16	World Emoji Day 17	18	Judy's Birthday 19	20
	Extra! Extra! Read All About It Movin' & Groovin' 10:30 Picnic @ Manitou Lake Yahtzee! 1:00 Meadow & Barbara Enjoy the Porch	Current Events Chair Yoga 9:30 Nicole & Wesson Alphabet Bean Bags 2:00 Java Music Club @ LQH	Chair Chi DayBreak Ringers 10:30 Ted's Tunes 11:00 Rocky Mtn. Vibes Game in CS Arts & Crafts	10:00 "Miss Quackers" @ WP Library 11:00 Haircuts w/ Bo DayBreak Derby 2:30 Java Music Club Dice Game	Read the Paper 9:30 Brandi's Hour 10:30 Banjo Jamboree Pictionary 2:00 M&M Visit Backyard Activities	
21	22	23	24	Hot Fudge Sundae Day 25	26	27
	Good News Chair Yoga Summertime Poems Take a Walk 1:00 Meadow & Barbara Music Bingo	Morning Cup O' Java Chair Exercises 10:00 Rohman Family 2:30 Memories in the Making Merry Melodies	Chair Chi Java Music Club 10:30 Ted and Aspen Charades 2:00 Tricks w/ Lincoln Enjoy the Porch	Extra! Extra! Read All About It Movin' & Groovin' 11:30 Jennie From the Block Backyard BBQ DayBreak Ringers White Board Bonanza	Morning News 9:30 Cathy & Brandi 10:30 Toe Tappin' Tunes Take a Walk 2:00 Marsha & Maggie Calendar Craft	
28	National Lasagna Day 29	30	31	DayBreak - An Adult Day Program 404 N. State Highway 67 Woodland Park, CO 80863 719-687-3000 www.daybreakadp.com		
All activities are subject to change with little or no notice	Current Events Sit & Be Fit 11:00 Teller County Fair Lunch & Flying W Wranglers Concert July Jeopardy Pause and Pamper	Trivia & News Wake Up & Stretch 10:00 "Frozen" @ Melissa & the 3 E's 2:00 Java Music Club Golden Moments	Chair Chi DayBreak Ringers 10:30 Ted's Golden Oldies Beach Ball Toss 2:00 Lincoln Visits Backyard Fun			