




JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DayBreak - An Adult Day Program 404 N. State Highway 67 Woodland Park, CO 80863 (719) 687-3000 www.daybreakadp.com</p>						<p>1</p> <p>AM - Snack Noon - Lunch PM - Snack</p>
2	National Egg Day 3	4	5	National YoYo Day 6	Ice Cream Day 7	8
	Read the Newspaper Morning Stretches Pictionary Yahtzee! Beach Ball Toss Pause & Pamper	Extra! Extra! Read All About It 9:30 Wranglin' Wesson Chair Exercises Pinecone Feeders Java Music Club 4:30 Caregiver Support Group	Morning Cup O' Java Chair Chi DayBreak Ringers 10:00 Ted's Golden Oldies 2:00 Lovin' on Lincoln Flower Planting	Tea Time 9:30 Ruth & Sig 10:00 Rohman Family Visit Fun with Yo-Yos 2:00 Java Music Club @ LQH	In the News 9:30 Cathy & Brandi 10:30 Strummin' w/ Ralph Mad Libs 1:00 Swimming @ WAC Alphabet Bean Bags	
9	Iced Tea Day 10	11	12	13	Army Day 14	15
	Newsflash Music and Movement Sing-a-long Jeopardy Poetry Readings Enjoy the Porch	Trivia & News 9:00 Toes by Susan Penny Ante Afternoon Manicures 2:30 Memories in the Making Music Bingo	Read the Newspaper Chair Chi Java Music Club 10:00 Ted's Tunes 1:00 Haircuts w/ Bo Root Beer & Bowling	Newsworthy Chair Stretches 10:00 Sack Lunch Serenade @ City Auditorium Ping Pong Ball Toss DayBreak Ringers	Current Events 9:30 Tricks w/ Brandi 10:30 Banjo Jamboree Pledge of Allegiance Crafter's Corner Beach Ball Banter	
16	17	Go Fishing Day 18	19	Ugliest Dog Day 20	Yoga Day 21	22
	In the News Sit and Be Fit Pattern Tiles Art Walk @ Park State Bank DayBreak Derby	Tea Time Movin' and Groovin' 10:00 Melissa & the 3'S Visits Here Fishy Fishy! Java Music Club Dice Game	Newsflash Chair Chi DayBreak Ringers 10:00 Ted's Golden Oldies 12:00 Jennie From the Block 2:00 Lovin' on Lincoln	Trivia & News 9:30 Ruth & Sig 10:00 Rohman Family Visit Finish the Phrase Merry Melodies Golden Moments	Chair Yoga 9:30 Cathy & Brandi 10:30 Toe Tappin' Tunes 11:30 Farmer's Market & Picnic @ Park Celebrate Summer Solstice	
23	24	25	26	27	Paul Bunyan Day 28	29
	Morning Cup O' Java Fitness Fun Sensory Sensations Bingo Card Shark Pause & Pamper	In the News 9:00 Haircuts w/ Bo 9:30 Nicole & Wesson Music and Movement Raucous Rhythms 2:30 Memories in the Making	Current Events Chair Chi Java Music Club 10:00 Ted's Tunes 1:45 "Apollo" @ WP Library 3:00 Michael & Lincoln	Extra! Extra! Read All About It 9:30 Ruth & Sig Sittercise DayBreak Ringers White Board Bonanza	Newsworthy 9:30 Tricks w/ Brandi 10:30 Banjo Jamboree Paul Bunyan Trivia Calendar Craft Movie & Popcorn	All activities are subject to change with little or no notice